AFTER-SCHOOL ACTIVITIES

SUMMER TERM 2023-2024





After-School Activities

Our after-school activity programme offers a good variety of options for students to continue learning after school time beyond the academic curriculum. The activities are carefully planned in order to encourage self-improvement, team spirit, fair play, creativity and imagination. After-school activities allow pupils to come into closer contact with children from other classes, building new relationships and strengthening existing ones.

Registration & Contact e-mail

If you would like to register your child for an activity or make any changes, please contact AfterSchool Act. City on Cognita Connect or afterschoolactivities.bcn@bsb.edu.es via email.

Afterschool activities will begin from Wednesday 3rd April.

Once the registration period has closed, please contact AfterSchool Act. City on Cognita

Connect or afterschoolactivities.bcn@bsb.edu.es via email to sign up or to ask for information.

Terms & Conditions

- All activities delivered by external providers are quality assured by the school.
- For organisational reasons after-school activities are offered on a termly basis. Therefore, it is not possible to register for less than one term.
- The price is based on a yearly calculation which is invoiced in three equal termly instalments.
- The invoice for the after-school activities will be issued termly, at the beginning of each term, according to the conditions agreed with the school.
- There are not discounted fees for siblings.
- For organisational reasons, fees cannot be refunded. However, if your child would like to change the activity within the term, they can as long as there is a place available.
- Activities need a minimum of 9 students in order to go ahead.

Additional charges:

- *Cookery: MyGranChef requires an additional one-off matriculation fee of €25 for any new members. These will be be paid directly to MyGranChef.
- **Aloha (Maths) requires an additional one-off matriculation fee of €61 (including materials) for any new members.

LEARNING HABITS

At BSB we implement a learning model focused on the development of soft skills in all our curricular and extracurricular activities. Specifically, we focus on nine Learning Habits that provide the foundation for future success in school and life, preparing students to take on the challenges that lie ahead. They relate to four key areas: emotional engagement - attention and determination, critical and independent thought – curiosity, imagination and thinking, strategic learning - organisation and reflection and collborative teamwork – socialising and leadership.

The icons next to the title of each Club illustrate the most outstanding Learning Habits for that type of activity, among others.



CURIOSITY

having an inquisitive attitude to life

WONDERING: being alive to puzzles and incongruities

QUESTIONING: seeking deeper understanding **EXPLORING:** actively and adventurously investigating

EXPERIMENTING: trying things out to see what happens



ORGANISATION

managing and controlling your own learning

LEARNING-DESIGNING: creating your own learning activities

PLANNING: anticipating needs and pitfalls of the learning journey

RESOURCING: building your bank of learning resources



SOCIALISING

benefitting from and contributing to the social world of learning

COLLABORATING: being an effective and supportive team member

ACCEPTING: being open to ideas and feedback IMITATING: being permeable to other people's good

EMPATHISING: adopting multiple perspectives



IMAGINATION

creatively exploring possibilities

VISUALISING: using mental rehearsal to refine skills and explore consequences

CONNECTING: using metaphor and association to leverage new ideas from what you know

PLAYING WITH IDEAS: allowing the mind to bubble up with possibilities

INTUITING: tapping into bodily-based hunches and



ATTENTION

locking your mind onto learning

NOTICING: being attentive to details and patterns

CONCENTRATING: maintaining focus despite distractions

CONTEMPLATING: letting perception unfold IMMERSING: being engrossed in learning



DETERMINATION

sticking with challenges that matter to you

PERSEVERING: staying intelligently engaged with difficult things

RECOVERING: bouncing back quickly from frustration or failure

PRACTISING: mastering the hard parts through repetition



REFLECTION

standing back and taking stock of learning

EVALUATING: appraising the quality of your own work

SELF-EVALUATING: knowing yourself as a learner

WITNESSING: quietly watching the flow of your own experience

THINKERING: blending doing and thinking together



THINKING

working things out with clarity and accuracy

ANALYSING: reasoning with logic and precision

DEDUCING: drawing inferences from explanations

CRITIQUING: questioning the validity of knowledge

SYSTEMS THINKING: thinking about complex states of affairs



LEADERSHIP

having and realising a vision to inspire positive change

DISPLAYING INTEGRITY: adherence to strong moral and ethical principles and values

SYNERGISING: seeking out other people's ideas to solve problems

MOTIVATING: inspiring others to achieve a goal

MAKING DECISIONS: weighing the evidence and taking action

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Sports Clubs



Basketball





Basketball is a much-loved sport all over the world that is high paced, fun and involves high scoring play for each team. It is a great way to exercise, make friends and develop your communication skills. If you want to take part in a sport that will keep you fit and teach you teamwork skills, then basketball is for you!

Years 2-6 Years 7-10 Wednesday 16.00 - 17.30 Monday 16.30 - 18.00

English English 150€ 150€



Football & Multi-sports





We are offering children the opportunity to develop their football & multi-sports skills on a more regular basis.

Years 2-6

Tuesday 16.00-17.30

English

€150



Swimming





Swimming lessons for all abilities. Organised by the Club Tennis Barcino.

Year 2 Years 3-4

Years 5-6 Years 7-10 Tuesday 16.30-17.30 Thursday 16.30-17.30 Wednesday 16.30-17.30 Monday 16.30-17.30

English/Spanish

€150



Tennis





This activity offers tennis enthusiasts the opportunity to hone their skills in sports and prepare for the level of competition. Places are limited so that coaches can help each student improve their technique Organised by the Club Tennis Barcino.

Years 2-3

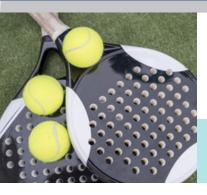
Years 4-6 Years 7-9 Monday 16.30-17.30 Wednesday 16.30-17.30 Wednesday 16.30-17.30

English/Spanish

380 € 380€ 380€



Sports Clubs



Padel



Provide your child the chance to hone their padel skills through a variety of exciting and active games. Organised by the Club Tennis Barcino. Option to do 1 or 2 classes per week.

Years 2-7 Years 8-10 Tuesday or Thursday 16.30-17.30 Tuesday or Thursday 16.30-17.30 English/Spanish English/Spanish

325 € / 650 €



Multi-Skills





The Multi-Skills Club is a sports-oriented club for our youngest students, so they can gain confidence and progress their sporting skills in a wider variety of activities. Each session will focus on FUN games that develop agility, balance and coordination.

Nursery- Year 1

Tuesday 16.00 - 17.00

English/Spanish

125€



Table Tennis





Table tennis is a fun and fast sport with a development focus on hand-eye coordination that helps each player to further progress within this sport. Organised by Club Tennis Barcino.

Years 3-10

Thursday 16.30 - 17.30

English/Spanish

225€



Fencing





Introduction and development of fencing skills for our students using basic attack and defense techniques. This activity is organized with qualified fencing coaches by the renowned club SAM, the largest fencing club in Catalonia.

Years 3-6

Thursday 16.00-17.30

English/Spanish

160€



Volleyball





A Secondary volleyball club will be commencing in January 2024 at the City campus to add to the growing range of sports offered to students as an extra-curricular option. Students will learn the rules of play, major skills and have the opportunity to take part in games against other schools when BISA competitions commence. Students will also look towards developing the learning habits of communication and team-work, which will aid them in their overall learning as well as their performance in PE.

Years 7-10

Tuesday 16.30 - 17.30

English



Creative Clubs



Broadway Kids Club





In Broadway Kids we will have fun learning about all three skills in Musical Theatre; acting, singing, and dancing. We will play drama games, learn Broadway style dance steps, and sing songs from lots of different musicals as we gain confidence and have a great time!.

Nursery - Year	1
Years 2-6	

Monday or Wednesday 16.00 - 17.00 Monday 16.00 - 17.30 English English 100€ 150€



Cookery





Whilst developing an understanding of healthy eating, food hygiene and safety measures, you'll cook a range of different dishes and enjoy the flavours of the world! You'll even help to write and illustrate a recipe book so that you can cherish the dishes we create and make your favourites with your family at home.

Years 2-6 Years 7-10 Tuesday 16.00 - 17.30 Wednesday 16.30 - 18.00 English English 150€(*) 150€(*)



Mini-Robotics





Robotics and Coding for younger children where they will come into contact with technologies such as LEGO Education and Scratch Junior. Commercial solutions will be combined with recyclable elements, such as cardboard, wood etc., to ignite the children's maker spirit. They will enjoy STEAM (Science, Technology, Arts & Maths) learning in a fully gamified process working on thematic projects such as amusement parks, robot zoos, and musical instruments.

Reception & Year 1

Thursday 16.00- 17.30

English

180€



Robotics & Coding





In this club students will be working on STEAM projects (Science, Technology, Arts & Maths) with diverse materials such as LEGO Education, Makeblock and Makey Makey. They will work on mechanization and computational thinking skills, enjoying a fully gamified learning process. Projects are planned on sustainable development goals, where students will be able to develop their most strategic creativity in areas such as sustainability, mobility and smart infrastructure.

Years 2-4

Thursday 16.00 - 17.30

English





Mini Construction





Grab your construction hats on! At Mini Construction club, the children will get the chance to use different materials to build. From Legos to everyday objects, the children will be using their creativity and imagination to construct their ideas to life!

Nursery - Year 1

Monday 16.00 - 17.00

Spanish

100€



Mini Chefs





Children learn about healthy eating whilst having a fun cooking time.

Nursery - Year 1

Friday 16.00 - 17.00

English

100€



Zumba





Aerobic exercises with funny music for them to enjoy dancing and practice choreographies. Move and develop coordination, motor skills and have fun!

Nursery - Year 1

Wednesday 16.00-17.00

English

100€



Dance Introduction





Taught at the renowned Sandance Studio, this activity is focused on the initiation to dance for the little ones. In this activity we work on the technique and discipline of ballet to the rhythm of current music, including more fluid movements that characterize jazz. The class consists of a warm-up, a game related to dance (mirrors, statues...), choreography and cool down.

Nursery - Year 1

Thursday 16.00- 17.20

English/Spanish

215€



Modern Dance & Jazz





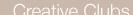
Organised by the renowned Sandance Studio, this activity is aimed at slightly older students in which body awareness, expressiveness, and coordination are worked on in greater depth, always to the rhythm of current music. The class consists of a warm-up, diagonals, choreography and cool down.

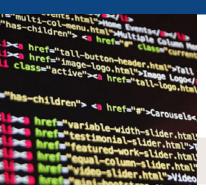
Years 2-6

Wednesday 16.00 - 17.20

English/Spanish







Video Games Coding Club

This year in Coding Club we will be taking that interest in technology and turn it into a productive skill. The Coding Club is a fun way to learn to code in a social, after-school setting. Video games creation with Scratch, coding Minecraft, and becoming a problem solver while driving your SPHERO robotic ball through a gigantic maze. Beating all your opponents and crossing the finish line first!

Years 5-6

Thursday 16.00-17.30

English

185€



Art Club Experience





Experience the joy of artistic expression with our After School Art Club for Years 2-6! Join us for an immersive journey through three captivating terms, each dedicated to a different artistic medium. In Term 1, discover the tactile beauty of textiles as you experiment with weaving, stitching, and fabric design. In Term 2, ignite your creativity with the art of painting, as you explore various techniques and bring your imagination to life on canvas and finally in Term 3 dive into the fascinating world of clay and sculpture, molding and shaping unique pieces that showcase your artistic flair. Through this engaging and hands-on program, you'll unleash your creativity, develop new skills, and forge lifelong memories. Come join our vibrant Art Club and let your artistic journey begin!

Years 2-6

Monday 16:00-17.30

English

150€



Mini - Art Club





This is a great opportunity for children to develop their creative abilities. They will acquire new skills by using a variety of materials and techniques. The children are actively involved in the choice of subjects.

Nursery - Year 1

Tuesday 16.00 - 17.00

English

100€



Garden Sprouts Club

Discover the wonders of nature with our Garden Sprouts Club.

Designed for curious children, we will cultivate a love for plants through hands- on activities, learning about and caring for flowers and vegetables as we plant the seeds of curiosity and watch them bloom into a lifelong passion for gardening!

Nursery - Year 1

Tuesday 16.00 - 17.00

English

100€



S.T.E.M Club

Through an integrated approach, the science, technology, engineering and mathematics (STEM) club will provide diverse opportunities for students to explore, create and learn with hands-on kits while also applying the 4C's (critical thinking, collaboration, communication and creativity) of the 21st-century. The fun hands-on learning crates will spark student's curiosity and a love for learning new things and acquiring more in-depth understanding of their prior knowledge. As they participate in problem-solving through discovery learning, our goal to inspire a love for learning is achieved innovatively and in a profoundly enriching way.

Years 2-4

Wednesday 16.00 - 17.30

English

Academic Clubs



Numbers Party





At Aloha Mental Arithmetic, we work on mathematics using the Japanese abacus. Using the abacus, students perform addition, subtraction, multiplication, division... Progressively, they perform the operations mentally imagining the abacus. The complete program consists of 8 or 10 levels, depending on the age at which they start.

In The Numbers Party, we will work on numbers from a dynamic and playful approach. We adapt the activities and sessions to the needs and difficulties of the students. We want students to enjoy mathematics in a fun way. In each session we set an objective to achieve.

Years 2-6

Wednesday 16.00 - 17.30

Spanish

180€ (**)







StartKidsUp helps children to develop their initiative, creativity and leadership through ludic educational entrepreneurship courses.

Each trimester starts with the gamified soft-skills workshops that participants will later on apply when creating their team startup: Critical Thinking, Creativity, Empathy, Strategy, Financial Education and Communication.

In teams, participants will create a startup related to the topic most preferred by them: technological venture, sustainability, art, social or science, defining in each case what product or service they offer to a specific group.

Years 4-6

Tuesday 16.00-17.30

English

195€



StartTeensUp A...





StartTeensUp helps teenagers to explore their academic interests while they develop problem-solving, creativity & leadership skills through the ideation of an innovative project.

Creating a startup implies considering how our talent combined with others can make an impact through innovation.

Years 7-10

Thursday 16.30 -18.00

English

Language Clubs



Spanish Lessons







In the extracurricular activity of Spanish, we will study the language in a more playful way. We will help them to expand and reinforce their vocabulary to achieve greater fluency in this language and their oral skills.

Years 2-6

Monday 16.00 - 17.30

Spanish

140€



Russian (First Language)





A course designed for Russians who want to perfect their native language. For GCSE groups there will be an additional focus on preparation for the oral and written GCSE Russian language exams that will take place in May 2025.

Year 10 (GCSE)

Friday 15:45-17:00

Russian

150€



Chinese (First Language)





Offered by Mengzi Education.

Students will focus on advanced development, cultural enrichment and preparation for the challenges of the language.

Chinese (Beginners)

Offered by Mengzi Education.

Students will focus on the foundations of the language, integration of the Chinese culture, and practical communication skills.

Years 7-10 (First Language) Years 7-10 (Beginners)

Monday and Wednesday 16.30-17.30 Tuesday and Thursday 16.30 - 17.30

Chinese Chinese 285€ 285€



Peripatetic Music Lessons





One-to-one instrumental tuition on a chosen instrument with a dedicated team of expert teachers. Lessons can take place before, during or after the school day. For more information please contact **music@bsb.edu.es**

LAMDA Drama Lessons



After a very successful three years of LAMDA at BSB Castelldefells, we are very excited to offer our BSB City students a LAMDA taster term in which they will get the chance to have One on One classes with a professional actress, resulting in a performance at the end of the school year. This will give them an idea of what to expect from the full LAMDA exam course which will be available to all students from September.

LAMDA is the oldest drama school in the UK. They have developed an enviable reputation for excellence in the provision of Communication and Performance examinations in the UK, and they are rapidly extending their reach internationally.

They will have fun and build their confidence whilst developing their vocal, physical and interpretive skills. This is available to students from Year 3 upwards. Do note classes will take place during the school day, rotated where possible. Priority for break times and lunch times will be given to secondary exam-level students. Places are limited and subject to availability.

This is currently only available on our BSB City Main Campus and BSB Castelldefels campus. For more information and pricing please contact afterschoolactivities.bcn@bsb.edu.es or AfterSchool Act. City via Cognita Connect

MONDAY TUESDAY WEDNESDAY **THURSDAY FRIDAY** Basketball Mini Chefs **Basketball** Football & Multi-sports **Swimming** 16.30-18.00 16.00-17.30 16.00-17.30 16.30-17.30 16.00-17.00 Years 7-10 Years 2-6 Years 2-6 Years 3-4 Nursery - Year 1 **Swimming Swimming Padel Swimming** 16.30-17.30 16.30-17.30 16.30-17.30 16.30-17.30 Years 7-10 Years 5-6 Year 2 Years 2-7 Russian (First Language) 16.30-17.30 15:45-17:00 **Tennis Padel Tennis** Years 8-10 Year 10 (GCSE) 16.30-17.30 16.30-17.30 16.30-17.30 Years 2-3 Years 2-7 Years 4-8 **Table Tennis** 16.30-17.30 16.30-17.30 Years 8-10 Years 3-10 **Broadway Kids Club** 16.00 - 17.00 **Multi-Skills Fencing Modern Dance & Jazz** Nursery-Year 1 16.00-17.00 16.00 - 17.20 16.00-17.30 16.00 - 17.30 Nursery-Year 1 Years 3-6 Years 2-6 Years 2-6 **Volleyball** Cookery 16.30-17.30 **Mini Construction** 16.30 - 18.00 Years 7-10 16.00 - 17.00 Years 7-10 **Dance Introduction** 16.00-17.20 Nursery - Year 1 Zumba Nursery - Year 1 16.00 - 17.00 **Art Club Experience** Cookery Nursery - Year 1 16.00 - 17.30 Mini-Robotics 16.00 - 17.30 Years 2-6 16.00-17.30 Years 2-6 **Broadway Kids Club** Reception & Year 1 16.00 - 17.00 Mini Art Club Nursery-Year 1 **Robotics & Coding** 16.00 - 17.00 16.00-17.30 **Spanish Lessons** Nursery-Year 1 S.T.E.M Club Years 2-4 16.00-17.30 16.00 - 17.30 Years 2-6 **Garden Sprouts Club** Years 2-4 **Videogames** 16.00 - 17.00 **Chinese (First Language) Coding Club** Nursery-Year 1 16.30-17.30 16.00 - 17.30 Years 7-10 Years 5-6 **Numbers Party** 16.00-17.30 **StartKidsUp** Years 2-6 16.00-17.30 **StartTeensUp** Years 4-6 16.30-18.00 Years 7-10 **Chinese (First Language)** 16.30-17.30 **Chinese (Beginners)** Years 7-10



Chinese (Beginners)

16.30-17.30 Years 7-10



16.30-17.30

Years 7-10



Frequently Asked Questions

1. Which is the registration deadline to register for an after-school activity?

As places are limited, we suggest you register your child as soon as possible through our website.

2. Is it possible to register my child for a month, instead of a full term?

For organisational reasons afterschool activities are offered on a termly basis. Therefore, unfortunately it is not possible to register for less than one term.

3. Why is it that we pay the same price for a long term (15 weeks) as for a short term (9 weeks)?

The price is based on a yearly calculation which is invoiced in three equal termly instalments.

4. How is payment managed?

The invoice for the after-school activities will be issued termly, at the beginning of each term, according to the conditions agreed with the school.

5. Are there any discounted fees for siblings?

Unfortunately this is not possible.

6. Is there a cancellation policy?

For organisational reasons, fees cannot be refunded.

However, if your child would like to change the activity within the term, they can as long as there is a place available.

7. Will all the activities be in English?

Not all the after-school activities are delivered in English as we offer activities that are led by other organisations. Check the Language column.

8. Will all the after-school activities take place in the BSB?

Our activities in our programme will take place at BSB unless otherwise indicated

9. Do students have to bring any specific equipment?

For Sports-related activities, students must bring the PE school kit.

For the rest of activities, the school will provide students with the necessary equipment unless otherwise indicated.

10. What is the daily procedure?

At the end of the day the class teacher will take the children to the after-school activities monitors/ teachers.

11. Will there be childcare service provided?

Yes, there is childcare service during the after-school activities until 18.00 from Monday to Thursday and until 17.00 on Fridays.

12. Between what times do the after-school activities run?

As a general rule, after-school activities will run from 16.00 to 17.30. Please check the after-school activities chart for each particular activity.

13. Where will we collect our children at the end of the day?

You will collect your children at BSB at the end time of the activity. Please check the after-school activities chart for each particular activity.

14. When is the latest time I can collect my child?

You should collect your child no later than 18.00 Monday to Thursday and 17.00 on Friday.



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