







	Lunes/Monday DIA 25	Martes/Tuesday DIA 26	Miercoles/Wednesday DIA 27	Jueves/Thursday DIA 28	Viernes/Friday DIA 29
<b>Primer Plato First</b>	MACARRONES CON SALSA NAPOLITANA ( 1, 3, 7 ) PASTA WITH NAPOLITAN SAUCE AND CHEESE (1, 3, 7)	PATATAS GUIADAS CON VERDURAS POTATOES STEW WITH VEGETABLES	CREMA DE CALABAZA PUMPKIN CREAM	MENESTRA DE VERDURAS BOILED MIXED VEGETABLES	ALUBIAS CON VERDURAS BEANS & VEGETABLES STEW
Opción 2	CREMA DE VERDURAS VEGETABLE CREAM	HUMMUS CASERO CON "DIPS" DE VERDURAS ( 1, 6, 7, 9, 11 ) HOMEMADE HUMMUS WITH VEGETABLE DIPS (1, 11, 6, 7, 9)	TABULÉ CON MENTA, LIMÓN Y VEGETALES (1, 10, 12, 9) TABBOULEH WITH VEGETABLES, MINT AND LEMON (1, 10, 12, 9)	SOPA BULLABESA DE PESCADO (1, 11, 3, 4, 6, 7, 8, 9) BOULLEBAISE FISH SOUP (1, 11, 3, 4, 6, 7, 8, 9)	ARROZ A LA CUBANA CON HUEVO ( 3 ) CUBAN RICE WITH BOILED EGG (3)
<b>Segundo Plato Second</b>	EMPANADILLA DE ATÚN ( 1, 14, 2, 3, 4, 6, 7, 9 ) TUNA PATTIES (1, 14, 2, 3, 4, 6, 7, 9)	CONTRAMUSLO DE POLLO CON SALSA DE LIMÓN BAKED CHICKEN WITH LEMON SAUCE	FRICANDÓ DE TERNERA BEEF STEW	PAVO A LA PLANCHA GRILLED TURKEY	PESCADO FRESCO DE MERCADO ( 4 ) FRESH FISH ( 4 )
Opción 2	REVUELTO DE HUEVO CON JAMÓN ( 3 ) COOKED HAM OMELETTE (3)	SALMÓN CON CÍTRICOS ( 4 ) BAKED SALMON WITH CITRUS (4)	TORTILLA DE PATATAS CON CEBOLLA ( 3 ) POTATOES AND ONION OMELETTE (3)	PIZZA CASERA DE JAMÓN ( 1, 7 ) HOMEMADE HAM PIZZA (tomato sauce, mozzarella and olives) (1, 7)	LOMO A LAS FINAS HIERBAS GRILLED PORK LOIN WITH FINE HERBS
<b>Guarnición Side dishes</b>	ENSALADA DE TEMPORADA SEASONAL SALAD	CALABACÍN A LA PLANCHA GRILLED ZUCCHINI	GUISANTES SAUTEED PEAS	CHAMPIÑONES PORTOBELLO SALTEADOS SAUTEED PORTOBELLO MUSHROOMS	PATATAS ASADAS BAKED POTATOES
<b>Postre Desserts</b>	FRUTA DEL TIEMPO FRESH FRUIT	FRUTA DEL TIEMPO FRESH FRUIT	YOGUR ( 7 ) YOGURT ( 7 )	FRUTA DEL TIEMPO FRESH FRUIT	NATILLAS DE CHOCOLATE ( 3, 7 ) CHOCOLATE CUSTARD ( 3, 7 )



**Gluten  
Gluten  
(1)**



**Crustáceos  
Crustaceans  
(2)**



**Huevo  
Eggs  
(3)**



**Pescado  
Fish  
(4)**



**Cacahuete  
Peanuts  
(5)**



**Soja  
Soy  
(6)**



**Leche  
Milk  
(7)**



**Frutos secos  
Nuts  
(8)**



**Apio  
Celery  
(9)**



**Mostaza  
Mustard  
(10)**



**Sesámo  
Sesame  
(11)**



**Sulfitos  
Sulfites  
(12)**



**Altramuces  
Lupins  
(13)**



**Moluscos  
Molluscs  
(14)**



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